

## Working With MCOs to Integrate NMDOH



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# **Working with MCOs to Integrate NMDOH**

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**Speakers:**

**Arnita Burton, United HealthCare**

**Jessica Rios, Community First Health Plan**

**Angie Hochhalter, Aetna Health Plan**

# Current Major State Initiatives

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HHSC's NMDOH Action Plan

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Medicaid Managed Care Alternative  
Payment Model Framework

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Medicaid Managed Care Contract  
Requirements

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House Bill 1575 – MCO NMDOH  
Screening and New Provider Types



# UnitedHealthcare NMDOH

Framework and Priorities

December 6, 2024

United  
Healthcare

# UHC Combined Framework for Addressing NMDOH



## Health Plan Operational Approach

Screening, Resource and Referral, Fulfillment



## Community-Based Organization Strategy

CBO Networks, Value Based Partnerships,  
Quantify Value



## Provider Alignment & Partnerships

Value Based Contracting, Coding  
Standardization, Data Sharing

Improved  
Health &  
Wellbeing



# UHC NMDOH Priorities



Healthy  
food  
options



Stable  
housing



Access to  
transportation

- Access to fresh nutritious food
- Community collaboration and partnership
- Nutrition education

- Access to safe affordable housing
- UHC housing navigators
- Investments in partnership with housing developers

- Access to reliable transportation
- Non-emergency medical transportation
- Community transport resources



# UHC Strengthening Quality Program Food Rx Pilot



- **Pilot collaboration:** UHC and Houston Food Bank
- **Intervention:** Address food insecurity through screening and identification of UHC STAR Kids children at risk for morbid obesity with home delivered fresh meals and nutrition education.
- **Implementation:** 11/1/2023 – 11/30/2024
- **Target:** 100 STAR Kids Population ages 3-17 elevated BMI  $\geq$  85<sup>th</sup> percentile
- **HEDIS Quality Measure:** Weight Assessment and Counseling for Nutritious and Physical Activity for Children/Adolescents (WCC)
- **Outcomes:** Patient engagement through education and counseling, reduction in BMI



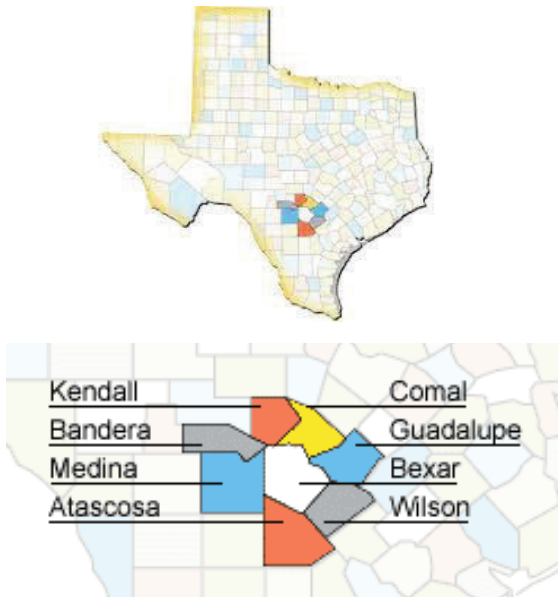


**COMMUNITY FIRST**  
**HEALTH PLANS**



# Community First Health Plans

## Bexar Delivery Service Area



## Health Plans

- Star
- Star Kids
- Star Plus (coming 2024)
- Chip
- Chip Perinate
- Medicare Advantage
- Medicare Advantage D-SNP
- University Health Family Care Plan
- HMO
- University Community Care Plan

# Innovative Partner Program



# Challenges and Successes

- Sustainability
- HHSC's NMDOH roadmaps
  - Goal C.2, 3
- NCQA emphasis NMDOH
- Contractual obligations, KPIs, Pay-for-Quality, Quality Improvement
- Internal emphasis on assessing members for NMDOH
- Closed loop referrals
- Interdepartmental collaboration to achieve health equity measures
- House Bill 1575



## NMDOH Activities

# Discussion

