

Building Capacity for NMDOH Integration through Research Partnerships

 UTHealth[®] Houston
School of Public Health
Center for Health Equity

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School of Public Health
Management, Policy,
and Community Health



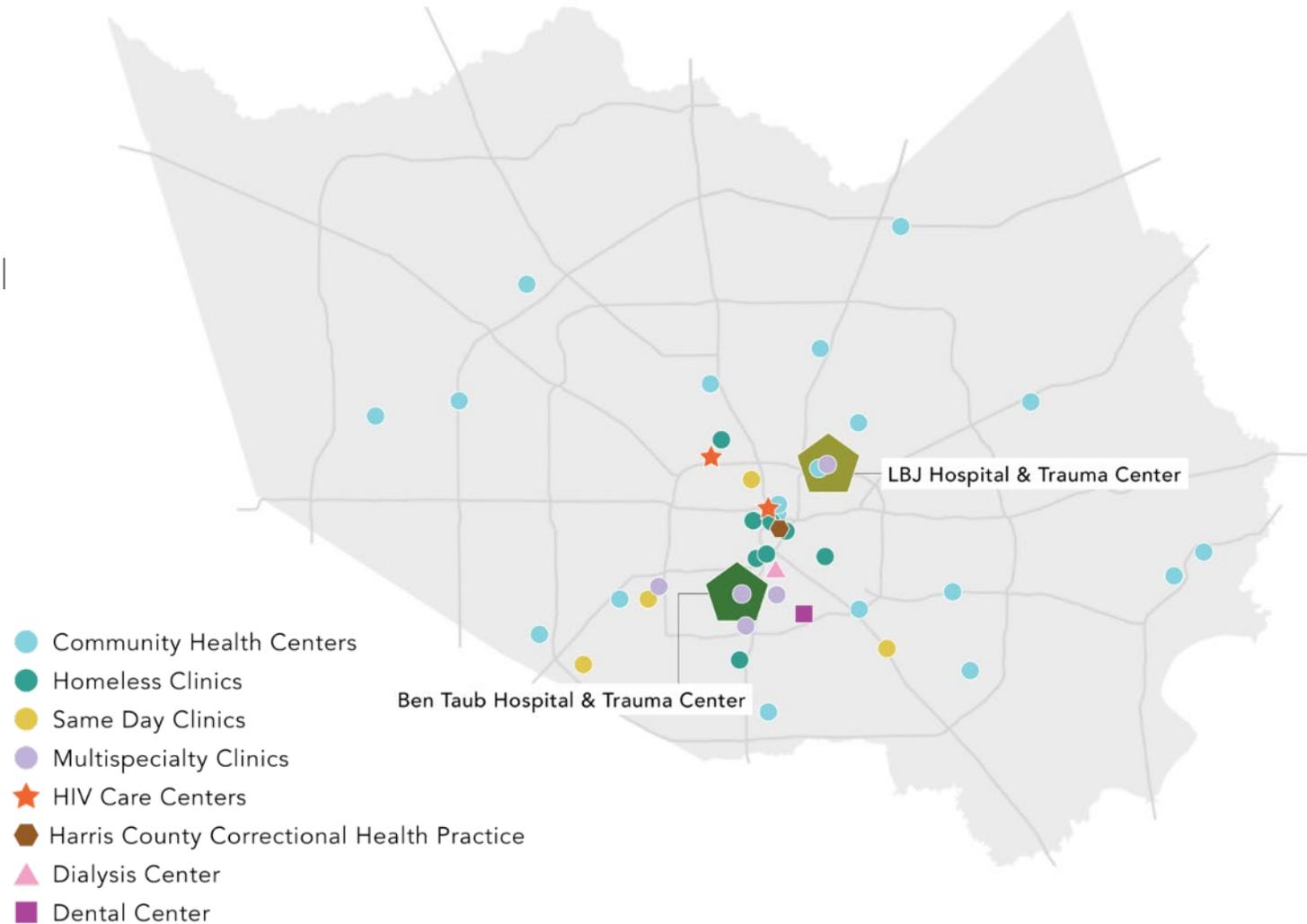
The University of Texas at Austin
Dell Medical School

Factor Health
Real. Life. Health.

HARRISHEALTH

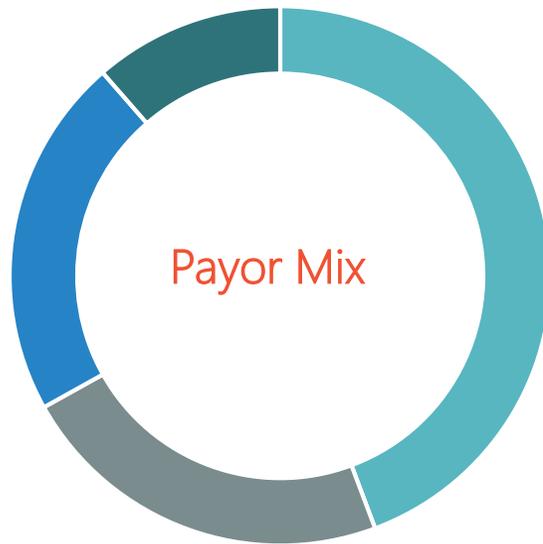
About Harris Health

- Harris Health System is the **safety-net for Harris County** in Houston, TX and serves all Harris County residents since 1965
- Harris County is the **3rd most populous** county in the US: 4.8M and growing
- Harris Health is a **fully-integrated** system

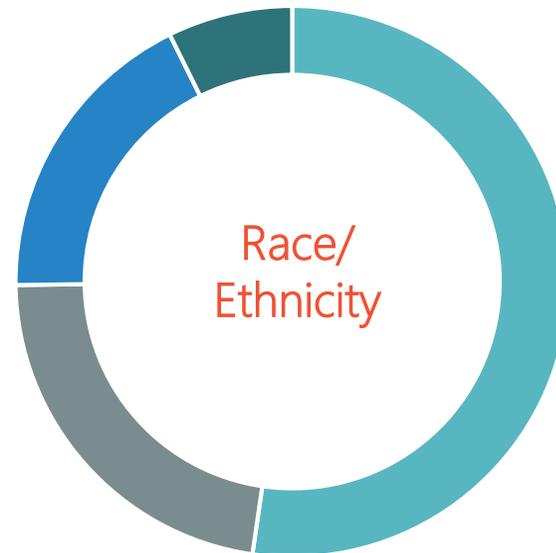


Harris Health by the Numbers

Nearly half of Harris Health patients are uninsured and 86% of all patients are racial or ethnic minorities



- Uninsured: 44.3%
- Medicaid/CHIP: 22.6%
- Medicare: 21.7%
- Commercial /Other: 11.4%



- Hispanic/Latino: 52.3%
- Black: 22.5%
- White: 17.9%
- Asian & Other: 7.3%

Annual Volumes

- Inpatient Cases: 40,562
- Births: 4,839
- Emergency Visits: 147,496
- Outpatient Clinic Visits: 1.6M
- Surgery Cases: 18,207

Harris Health's NMDOH Journey & Strategy



Awareness



Screen & Refer



Research



Population Data



Advocacy

Healthcare



Housing

What is it?

PROJECT HALT is a clinical trial focused on investigating the science of homelessness diversion.

Our research team is reaching out to select individuals as they exit Harris Health emergency departments to screen their housing status. Individuals at risk of losing housing are randomized to receive homelessness diversion or standard care. Health and housing outcomes are assessed over 6 months.

How can I get involved?

- Join the stakeholder engagement committee
- Share resources provided by your organization
- Consider scaling at your location



HALT

STOPPING HOMELESSNESS BEFORE IT STARTS

HOMELESSNESS DIVERSION:
ASSESS THE SITUATION,
LEVERAGE RESOURCES &
TRANSITION TO STABILIZATION

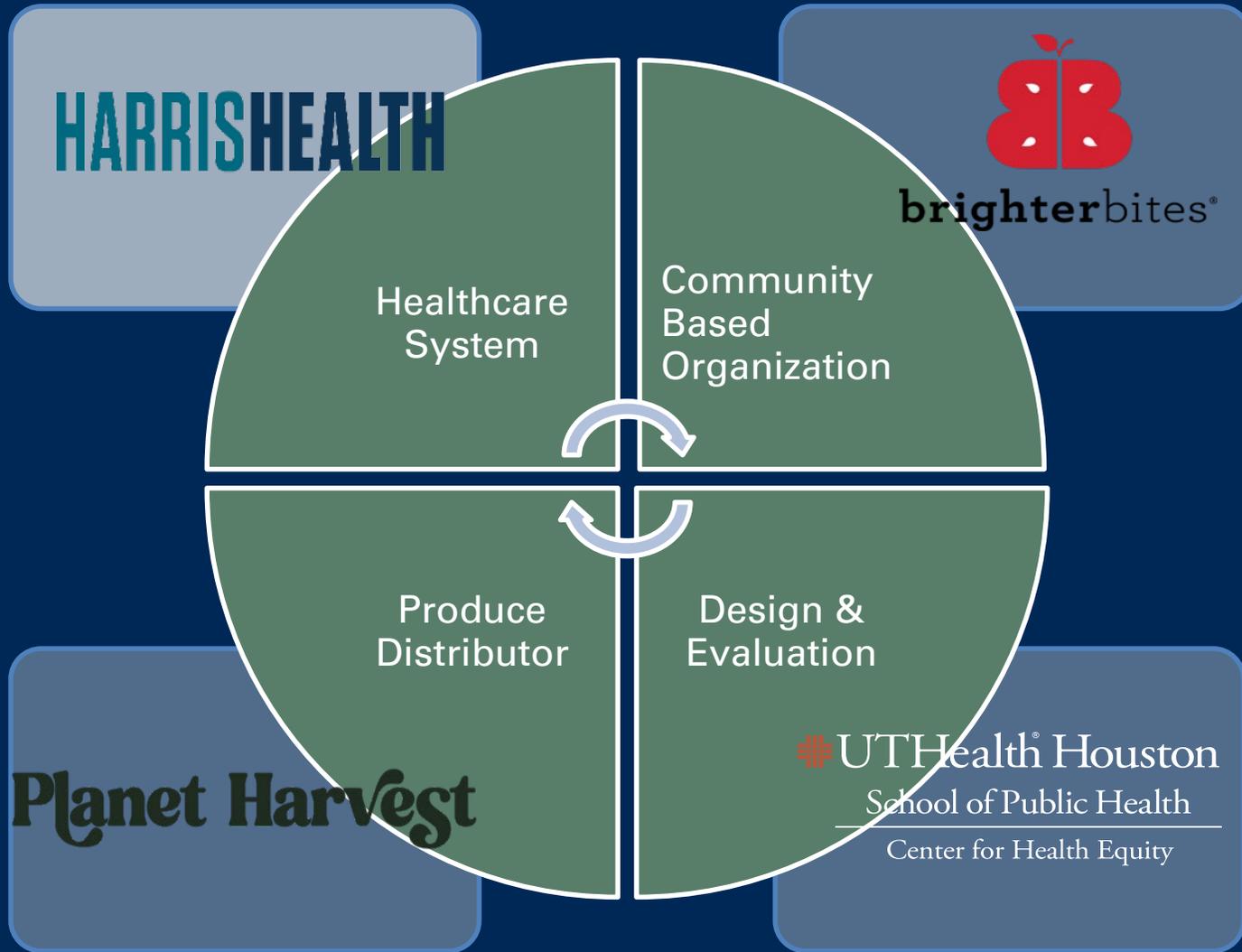
Email - ProjectHalt@uth.tmc.edu

Read more at: <https://sph.uth.edu/research/centers/chsr/project-halt/>

Funded by the National Institute on Minority Health and Health Disparities (NIMHD) - R01MD018213

PI: Vanessa Schick, PhD & Jack Tsai, PhD

From Prescription to Plate: Harris Health Produce Rx for High-risk Pregnant Mothers on Medicaid



Harris Health, Brighter Bites & Planet Harvest

High risk pregnant mothers receiving care at Harris Health Produce prescription: home delivery of 20-25 pounds of 8-12 different varieties of fresh produce

Nutrition education

Food Rx Frequency: Bi-weekly

- Implementation outcomes**
- Utilization of produce – patient vs. family
 - Utilization of nutrition education (chatbot)
 - Program dosage and fidelity
 - Program enrollment, retention, satisfaction

- Health outcomes**
- Weight gain during pregnancy
 - Food & nutrition security
 - Diagnosis of gestational diabetes
 - Diagnosis of pregnancy-induced hypertension
 - Pre-term birth

KIDNEY HEALTH: EAT WELL, LIVE WELL

Population

- Adults (18+) diagnosed with chronic kidney disease (CKD) stages 2 or 3
- Primary care patient at HHS Clinics
- English or Spanish speaking
- Ability to clean, prepare, refrigerate/freeze fruits and veggies (F&V)
- Ability to receive produce deliveries from HEB
- Access to a cell phone that can receive text messages

Program Elements

- Educational resources
- Fresh fruits and vegetables via HEB home delivery + accompanying recipes
- Flexible monetary resources to their preferred grocery store
- Support of a dedicated health caller

Goal

Assess whether providing this 6 month program to patients with early stage CKD can lead to changes in participants' eating patterns and delay progression of kidney injury



EAT FOR HEALTH, JOY & FAMILY

What you may get by joining:

- Produce delivery of kidney-friendly fruits and vegetables.
- eGift Cards to the grocery store of your choice.
- Educational materials and recipes.
- A health partner to call you and support you as you wish.
- Compensation for your time and participation at study visits.

Why are we doing this study?

- You have been identified by your clinician as someone who may have early stage kidney disease and may benefit from this study.
- Early stage kidney disease is a "silent disease". You may feel well, with no signs or symptoms.
- But, in the long run, if nothing is done about it, it can lead to something serious, like heart attacks.

You can do something about your kidney health!

- Eating healthily, together with other small changes, can help to prevent more serious health issues, like a heart attack or dialysis.
- Sometimes small changes need support. For that, consider joining our study.
- Reach out to us at (737) 210-1429 to see if you are eligible, or contact our study team at factorhealth@austin.utexas.edu.

In partnership:
HARRIS HEALTH SYSTEM **Factor Health** 
Real. Life. Health.

This study has been approved by The University of Texas at Austin Institutional Review Board.

Questions?

Thank you!