



BLUEPRINTS BEFORE THE BUILD:

PRE-IMPLEMENTATION STRATEGIES FOR SUCCESSFUL MEDICAL-LEGAL PARTNERSHIP

Presented by Keegan Warren, JD, LLM on April 24, 2025

MEET MS. SMITH

During a second-trimester visit, Ms. Smith's gestational weight gain showed no increase in more 6 weeks. When asked about access to foods she liked to eat, Ms. Smith shared that she had applied for food benefits but was denied and told to reapply. Ms. Smith said she was living with extended family and didn't like to take "too much" food for fear of being a burden and getting kicked out. She admitted she couldn't afford to purchase more food and expressed feeling overwhelmed and worried about her baby.



MLP & MS. SMITH

A midwife explained the role of a medicallegal partnership to Ms. Smith and offered to make a legal referral, emphasizing that she should speak to the lawyer before reapplying for food benefits. When the lawyer learned that Ms. Smith had already reapplied based on advice from a Washington, DC, Department of Human Services representative, she successfully reopened the claim, arguing administrative error and obtained an expedited review. Ms. Smith's appeal succeeded, and benefits were available within 7 days.





WHAT IS MEDICAL-LEGAL PARTNERSHIP?



A healthcare delivery model

MLP embeds lawyers in the clinical or hospital setting as specialist care team members.



Integrating Legal Care and Health Care

MLP is <u>not</u>:

- A referral network (i.e., not closing the loop on outputs / outcomes)
- Legal clinics only
- Legal information only
- Screening for legal needs only
- Partnering without equitable sharing of costs and benefits
- Partnership without a lawyer

Legal Assistance

to address patients' NMDOI and help the healthcare workforce operate at the "top of the license"

Training

to build knowledge, capacity, & skills that strengthen the healthcare workforce's response to NMDOH

Clinic-Level Changes

that leverage legal expertise to shape clinical practices to address many patients' needs at once

Policy Change Strategies

that advance healthy regulatory, administrative, & legislative policy solutions for whole communities



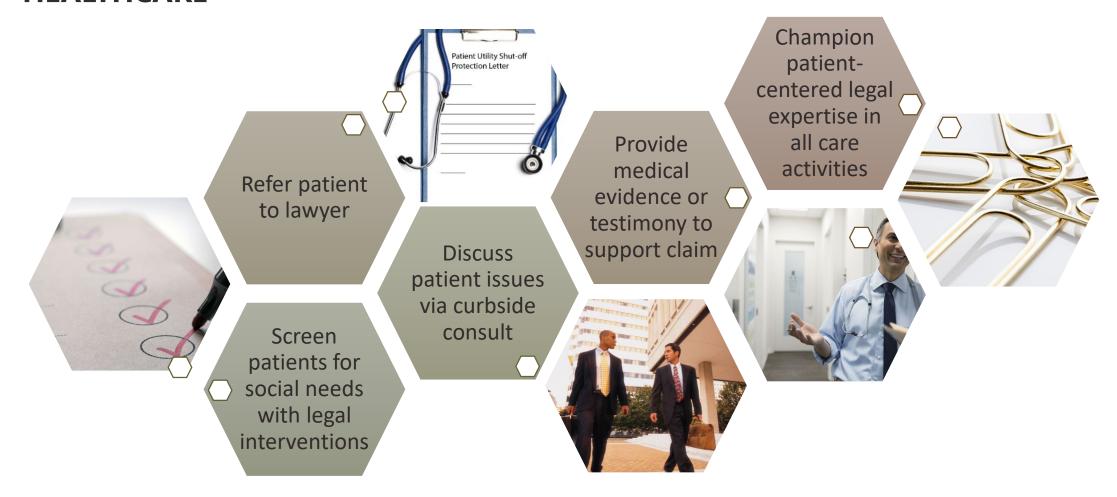
A Continuum of Integrated Legal Care

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Policy Change Clinic-Level Training Changes Strategies Legal Assistance that leverage legal that advance to build knowledge, capacity, & skills that healthy regulatory, expertise to shape and help the healthcare strengthen the administrative, & workforce operate at the healthcare workforce's to address many legislative policy "top of the license" response to NMDOH solutions for whole patients' needs at once



HOW CLINICIANS ADVOCATE FOR PATIENTS WITHIN THE DELIVERY OF HEALTHCARE





HOW ATTORNEYS ADVOCATE FOR PATIENTS WITHIN THE DELIVERY OF HEALTHCARE





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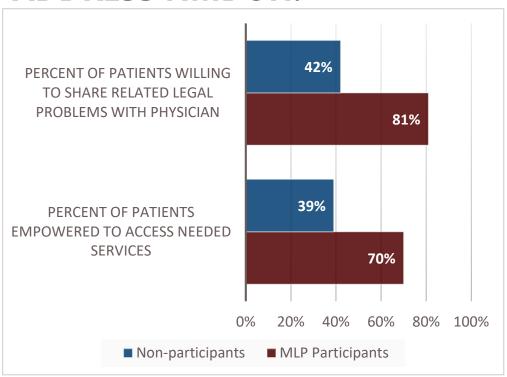


An evidence-based approach

MLP addresses the underlying causes of expensive, low-quality healthcare outcomes.

MLP ENHANCES THE ACCURACY AND EFFICACY OF INTERVENTIONS TO

ADDRESS NMDOH.



Elizabeth Tobin Tyler, "Medical-Legal Partnership in Primary Care: Moving Upstream in the Clinic," 13 Am. J. LIFESTYLE MED. 282 (2019), available at https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6506975/.



Sample Food Literature

- Marple K et al. (2018). Increasing Nutritional Supports for Newborns. (Link)
- Atkins D et al. (2014). MLP and Healthy Start: Integrating Civil Legal Aid Services into Public Health Advocacy, Journal of Legal Medicine, 35:1, 195-209. (<u>Link</u>)



Sample Housing Literature

- Taylor DR et al (2015). Keeping the Heat on for Children's Health:
 A Successful MLP Initiative to Prevent Utility Shutoffs in
 Vulnerable Children. Journal of Health Care for the Poor &
 Underserved 26(3), 676-685. (<u>Link</u>)
- Beck AF et al. Identifying and Treating a Substandard Housing Cluster Using a MLP. Pediatrics. 2012;130(5):831-838. (Link)



Sample Transportation Literature

- Upadhyay P et al. Why Inequitable and Burdensome Court-issued Fines and Fees Are a Health Issue—and What Health and Policy Leaders Can Do about It, Oct. 2021. (Link)
- Eynon CA et al. MLPs: 11 Years' Experience of Providing Acute Legal Advice for Critically Ill Patients and Their Families. Journal of the Intensive Care Society. 2019;21(1):40-47. (<u>Link</u>)

FROM PEDIATRICS TO ADULT MEDICINE AND FROM PRIMARY CARE TO SPECIALTY CARE, MLP IMPROVES HEALTH OUTCOMES AND REDUCES COSTS.



ASTHMA

• Robert Pettignano et al, "Can Access to a Medical-Legal Partnership Benefit Patients with Asthma who Live in an Urban Community?," 24 J. HEALTH CARE POOR & UNDERSERVED 706 (May 2013), available at https://doi.org/10.1353/hpu.2013.0055



TYPE 1 DIABETES

• Faisal Malik et al, "Improving the Care of Youth with Type 1 Diabetes with a Novel Medical-Legal Community Intervention: The Diabetes Community Care Ambassador Program," 44 DIABETES EDUCATOR 168 (2018), available at https://doi.org/10.1177%2F0145721717750346



SICKLE CELL DISEASE

• Robert Pettignano et al, "Medical-Legal Partnership: Impact on Patients with Sickle Cell Disease," 128 PEDIATRICS e1482 (2011), available at https://doi.org/10.1542/peds.2011-0082



CANCER

• Kerry Rodabaugh et al, "A Medical-legal Partnership as a Component of a Palliative Care Model, 13 J. PALLIATIVE MEDICINE 15 (2010. https://www.liebertpub.com/doi/abs/10.1089/jpm.2009.0203



HEALTHY NEWBORNS

• Robert Sege et al, "Medical-Legal Strategies to Improve Infant Health Care: A Randomized Trial," 136 PEDIATRICS 97 (2015), available at https://doi.org/10.1542/peds.2014-2955.



MENTAL HEALTH

• Jennifer Rosen Valverde et al, "Medical-Legal Partnership Impact on Parents' Perceived Stress: A Pilot Study," 45 BEHAVIORAL MED. 70 (May 20, 2018), https://doi.org/10.1080/08964289.2018.1481011.



VETERANS

• Jack Tsai et al, "Medical-Legal Partnerships At Veterans Affairs Medical Centers Improved Housing And Psychosocial Outcomes For Vets," 36 HEALTH AFFAIRS 2195 (Dec. 2017), https://doi.org/10.1377/hlthaff.2017.0759.



EMERGENCY DEPARTMENT

• Jeffrey Martin et al, "Embedding Civil Legal Aid Services In Care for High-Utilizing Patients Using Medical-Legal Partnership," Health Affairs Forefront, April 22, 2015, 10.1377/forefront.20150422.047143.



HOSPITALIZATION

 Andrew Beck et al, "Reductions in Hospitalizations Among Children Referred to a Primary Care-based Medical-Legal Partnership," 41 HEALTH AFFAIRS 341 (March 2022). https://www.healthaffairs.org/doi/10.1377/hlthaff.2021.00905.



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An evidence-based approach

MLP addresses the underlying causes of expensive, low-quality healthcare outcomes.



A standard of care

MLP systematizes quality in addressing for non-medical drivers of health.



HEALTH-HARMING LEGAL NEEDS: IHELP

Income and Insurance
Appeal denials of food stamps, health insurance eligibility or coverage, cash assistance, & disability benefits

- Increasing household income means fewer trade-offs between affording food and health care, including medications.
- Being able to afford enough healthy food helps children grow and develop.

Housing and utilities
Secure housing subsidies
Improve substandard conditions
Prevent evictions
Protect against utility shut-off

- A stable, decent, affordable home helps avoid costly emergency room visits related to homelessness.
- Consistent housing, heat, and electricity helps families follow their medical treatment plans.

Education and Employment
Secure specialized education services
Remedy inappropriate approaches to school discipline
Enforce workplace rights

- A quality education is the greatest predictor of a person's adult health.
- Consistent employment helps provide money for food and safe housing, which also helps avoid costly emergency health care services.
- Access to health insurance is often linked to employment.

Legal status

Resolve veteran discharge status Clear criminal / credit histories Resolve legal name / gender marker inconsistencies Obtain immigration relief

- Clearing a person's criminal history or helping a veteran change their discharge status helps make consistent employment and access to public benefits possible for the whole family.
- Consistent name and gender marker identification reduces discrimination and likelihood of physical assault and increases access to care.

Personal & familial stability
Secure protective orders for IPV
Secure adoption and custody for children
Secure guardianship or alternatives for adults
Draft estate & advance care planning documents

- Less violence at home means less need for costly emergency health care services.
- Stable family relationships significantly reduce stress and allow for better decision-making, including decisions related to health care.

Resources to meet basic needs

A healthy physical environment

Quality educational and work opportunities

Access to opportunity and stability

Safe homes and social supports



HEALTH-HARMING LEGAL NEEDS: CLINICAL CROSSWALK

Income and Insurance

Representation at administrative hearing leads to recovery of denied SNAP benefit that increases access to nutritious food

Youth with diabetes

Housing and utilities

Negotiation on behalf of tenant leads to remediation of mold and mildew

Children with asthma living in rental housing

Education and Employment

Advocacy at Individualized Education Plan meeting leads to appropriate tools and goals in student's plan

Youth with learning disabilities

Legal status

Petition to expunge or seal criminal history leads to employability

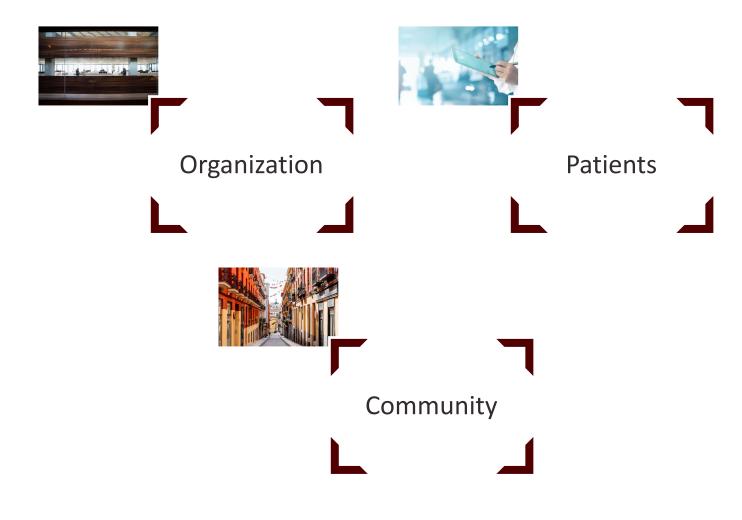
Peer support workers with substance use disorder

Personal & familial stability

Counseling a family on alternatives to guardianship leads to retained legal personhood and healthy decision-making

Young adults who are neuroatypical

The Architecture of Pre-Implementation Planning







Questions to ask about your Organization before Beginning MLP Implementation

- Define the why.
 - Consider how MLP aligns with externally set priorities by professional associations, organizational networks, accrediting bodies, payors, funders, or others.





American Academy of Pediatrics

 Resolutions: encourages closer and more frequent legal/medical collaboration and promotion of pediatric MLP

American Bar Association

 Recommendation and Resolution: encourages legal profession to develop MLPs with healthcare and social service organizations

American Medical Association Women Physicians Section

 Resolution: AMA should encourage widespread establishment of MLP

June 2010 Nov. 2020 Nov. 2020

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American Medical Association

 Recommendations: encourage adoption of MLP and work with other organizations to educate physicians, assist with screening, and provide information on MLP establishment

American Hospital Association

 Guidance: hospitals following the MLP approach advance health equity and improve community health and well-being

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 Policy Change: hospitals report partnerships with legal services organizations on annual survey



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 Recommendation: address SDOH within the pregnant and postpartum population by enhancing MLPs, with funding by Congress



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 - Consider how MLP aligns with externally set priorities by professional associations, organizational networks, accrediting bodies, funders, or others.
 - Consider how MLP aligns with your internally set strategies, such as increasing access to care, addressing population health "pain points," shifting to value-based care, engaging leadership, or becoming the provider of choice.





MLP WITHIN SIX DOMAINS OF VALUE-BASED CARE

Organizational Commitment to Population Health

- •A Memorandum of Agreement is a core component of MLP and concrete evidence of organizational commitment to population health. (Link)
- •MLP enables moving "from patients to policy" by routinely detecting patterns in patients' needs that reveal opportunities to advance healthy policy solutions for whole communities. (Link)

Financial Health and Planning

- Clinical services are more frequently reimbursed by public and private payers when following the MLP model. (Link, Link)
- •MLP lawyers use national and state standards to document legal interventions at the patient level through structured data fields in "electronic legal records." This legal care data can help to determine appropriate CPT codes for office visits ED visits. (Link)

Clinical Management and Care

- MLP increases adhere to medication protocol and vaccination acceptance. (Link, Link)
- •MLP increases structural competence by addressing misinformation that disrupts trusting relationships with patients and communities. (Link)

Health Information Technology and Data

- •MLP-focused, structured data collection and sharing reduce inefficiencies in current data tracking, decreases missed opportunities for NMDOH screening, and mitigates the difficulties in tracking patient health and other outcomes after MLP interventions are delivered. (Link)
- MLP is encourages and enable interprofessional communication and information-sharing. (Link)

Non-medical Drivers of Health

- •MLP lawyers are problem solvers (not just problem screeners), making them able to be express about identifying and resolving systemic inequities with linkage to health outcomes.

 (Link)
- MLP enhances accuracy and depth of the social history that impacts treatment. (<u>Link</u>)

Patient and Staff Experience

- •In addition to studies demonstrating reduction in stress, MLP makes patients more comfortable with whole-person care.
 (Link)
- •MLP decreases clinician burnout, improves overall job satisfaction, and reduces feelings of helplessness around offering meaningful options. (Link, Link, Link)

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- Define the what.
 - Consider which internal resources are ready for deployment, including funding, space, technology, and personnel.





Questions to ask about your Patient Population before Beginning MLP Implementation

- Define the who.
 - Review the literature on the impact on MLP on populations you serve in terms of medical condition, socioeconomic condition, or demographics.
 - Probe pain points within the EHR for populations for whom it's a struggle to reduce costs or meet quality standards, or for encounters eligible for teambased care reimbursement.
 - Evaluate team-based care, such as group medical visits, group prenatal care, and complex care coordination, for opportunities to integrate legal expertise.
 - Examine current screening results, including NMDOH or Community Health Needs Assessments, for common patterns of unmet health-harming need.
 - Interview clinicians, other staff, and patients, including by conducting a formal legal needs assessment.





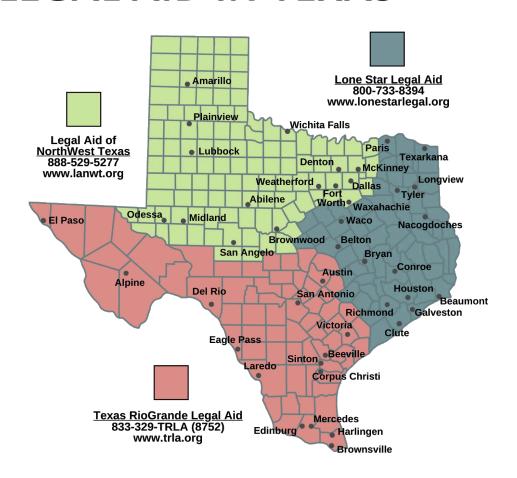
Questions to ask about your Community before Beginning MLP Implementation

Examine the how.





LEGAL AID IN TEXAS

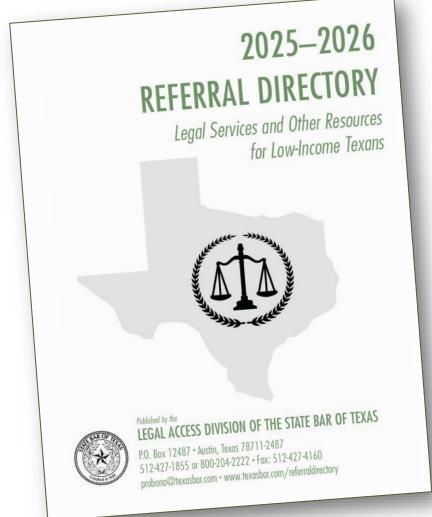


- The federal government, through the Legal Services
 Corporation (LSC), funds three legal services programs
 that serve every county in Texas: Legal Aid of NorthWest
 Texas (LANWT), Lone Star Legal Aid (LSLA), and Texas
 RioGrande Legal Aid (TRLA).
- The three LSC-funded programs provide a wide range of civil legal services, including some or all of those listed in the <u>MLP IHELP chart</u>.
- Due to federal restrictions, these LSC-funded programs cannot handle criminal cases or immigration cases, except for representation of immigrants who have been victims of violent crime.
- Additionally, LSC-funded programs are restricted to serving those under 125% of the Federal Poverty Level (FPL), but legal aid programs may have other sources of funding with higher income limits (usually up to 200% FPL) for target populations (e.g., veterans).



OTHER LEGAL SERVICES ORGANIZATIONS

 For a listing of legal service providers by county, see the <u>Referral Directory</u> <u>for Low-Income Texans</u> (PDF).





LAW SCHOOL-BASED MLP

Academic MLP focuses on

educating pre-professional learners

intentionally creating interprofessional learning environments

contributing to the evidence base for the MLP model

There are ten law schools in Texas:

- University of Texas School of Law (Austin)
- Texas A&M University School of Law (Fort Worth)
- SMU Dedman School of Law (Dallas)
- Baylor University Law School (Waco)
- University of Houston Law Center (Houston)
- Texas Tech University School of Law (Lubbock)
- South Texas College of Law (Houston)
- St. Mary's University School of Law (San Antonio)
- University of North Texas Dallas College of Law (Dallas)
- Texas Southern University Thurgood Marshall School of Law (Houston)

Questions to ask about your Community before Beginning MLP Implementation

- Examine the how.
 - Determine which legal services organizations are in your region and serve a population similar to yours.
 - Explore which social services organizations in your region provide complimentary services along the socio-legal continuum of care, such as a tenant's rights council that could assist patients with landlord/tenant issues before they rise to the level of needing a lawyer.
 - Consider whether direct employment of a patient-centered lawyer rather than contracting with a legal partner is right for you.





CLARIFYING YOUR NMDOH FOCUS THROUGH MLP

Population	Health care-focused Definition	Legal services-focused Definition	MLP Definition
Asthmatic children	All children with asthma in a specific clinic	Children with housing problems in a specific geography	Children with uncontrolled asthma and housing problems in a specific geography
Seniors with diabetes	Patients with uncontrolled diabetes who are referred to an insurance hotline	Clients over 65 years old living under 200% federal poverty line	Elderly people with diabetes under 200% federal poverty line who cannot afford their medications
Children with sickle-cell disease	All children with sickle cell disease in a certain pediatric office	Children in various school settings, some of whom have sickle cell	Children with sickle cell disease with problems in school requiring accommodations



CALL TO ACTION

- Connect with Texas MLP practitioners and stakeholders by joining the Texas Medical-Legal Partnership Coalition. Visit https://www.txmlpc.org/newsletter.
- Read the latest MLP news from the National Center for Medical-Legal Partnership at https://medical-legalpartnership.org/about-us/newsletter/.



Presenter Information



Keegan Warren, JD, LLM

Executive Director, Institute for Healthcare Access Adjunct Professor, School of Law President, Texas Medical-Legal Partnership Coalition

kwarren@tamu.edu

Keegan brings a civil justice lens to bear on health and wellness, specializing in nonmedical cost drivers and health equity. Her talks, courses, and research focus on health justice—and especially the ways that law incidentally impacts health and patient outcomes—as well as healthcare law and policy.

An FQHC director with two decades of senior management experience spanning both health and human services, Keegan is a national SME on medical-legal partnership, a care delivery model that leverages legal services and expertise to advance individual and population health. She has consulted on MLP implementation nationwide.

Keegan currently serves on the National Academy of Medicine Board on Health Care Services, the Texas Health Integration Recommendations Committee, and the Texas Design in Health Advisory Council.

In her spare time, Keegan rows crew competitively. She adores time with her undergraduate twin daughters, who study chemistry and linguistics, respectively, and her husband, Patrick, who is Sierra Club's Vice President and a national SME on sustainability and climate.